Homedics

Shiatsu massager pillow
with heat

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3 YEAR GUARANTEE

SP-65H-GB

PRODUCT FEATURES

Fig. 1

INSTRUCTIONS FOR USE

1. Connect the power supply into a 220-240V AC mains outlet.
2. To turn on, press the ON/OFF button once.
3. To reverse the direction of the massage mechanism, press the ON/OFF button a second time.
4. To activate soothing heat with the massage, press the ON/OFF button a third time.
5. When finished press the ON/OFF button again to turn off all massage and heat functions.

NOTE

- The massage cushion should only be used for a maximum of 15 minutes at any one time.
- The Shiatsu Pillow is designed for use on the neck, back and shoulders.
- For the neck and shoulders it may work better to use the pillow upside down.
- **This product should only be used with the power supply unit provided with the appliance.**

Using essential oils with the aroma tab (Fig. 1)
Gently pour a few drops of oil onto the aroma tab, releasing the scent in the air. The more drops, the stronger the scent.

MAINTENANCE

Cleaning
Unplug the appliance and allow to cool before cleaning. Clean only with a soft, slightly damp sponge.

- Never allow water or any other liquids to come into contact with the appliance.
- Do not immerse in any liquid to clean.
- Never use abrasive cleaners, brushes, glass / furniture polish, paint thinner etc. to clean.

Storage
Place the appliance in its box or in a safe, dry, cool place.
Avoid contact with sharp edges or pointed objects which might cut or puncture the fabric surface.
To prevent breakage, DO NOT wrap the power cord around the appliance.
DO NOT hang the unit by the cord.

READ ALL INSTRUCTIONS BEFORE USE. SAVE THESE INSTRUCTIONS FOR FUTURE REFERENCE.

- ALWAYS unplug the appliance from the electrical outlet immediately after using and before cleaning. To disconnect, turn all controls to the 'OFF' position, then remove plug from outlet.
- NEVER leave an appliance unattended when plugged in. Unplug from the mains outlet when not in use and before putting on or taking off parts or attachments.
- This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children without supervision.
- Do not place or store appliance where it can fall or be pulled into a bath or sink. Do not place in or drop into water or other liquid.
- DO NOT reach for an appliance that has fallen in water or other liquids. Switch off at the mains and unplug it immediately. Keep dry – DO NOT operate in wet or moist conditions.
- NEVER insert pins, metallic fasteners or objects into the appliance or any opening.
- Use this appliance for the intended use as described in this booklet. DO NOT use attachments not recommended by HoMedics.
- NEVER operate the appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return it to the HoMedics Service Centre for examination and repair.
- Keep cord away from heated surfaces.
- DO NOT operate where aerosol (spray) products are being used or where oxygen is being administered.
- DO NOT operate under a blanket or pillow. Excessive heating can occur and cause fire, electrocution or injury to persons.
- DO NOT carry this appliance by the cord or use cord as a handle.
- DO NOT use outdoors.
- DO NOT crush. Avoid sharp folds.
- This product requires a 220-240 V AC power.
- DO NOT attempt to repair the appliance. There are no user serviceable parts. All servicing of this appliance must be performed at an authorised HoMedics Service Centre.
- DO NOT sit or stand on the massage (back) part of the appliance. The unit should only be used when attached to a chair with the back in the vertical position.
- Never block the air openings of the appliance. Keep air openings free of lint, hair etc.
- Burns can result from improper use.
- Where fitted, the rear strap should only be used to hold the cushion in position against a chair back. It is not intended for any other use.
- Not recommended for use on wooden surfaces as the zipper may damage the wood. Caution is also recommended when using on upholstered furniture.
- Not recommended for use on leather furniture.
- Please ensure that all hair, clothing and jewellery are kept clear of the massage mechanism or any other moving parts of the product at all times.
- If you have any concerns regarding your health, consult a doctor before using this

appliance.

- This is a non-professional appliance, designed for personal use and intended to provide a soothing massage to worn muscles. DO NOT use as a substitute for medical attention.
- Use of this product should be pleasant and comfortable. Should pain or discomfort result, discontinue use and consult your GP.
- Pregnant women, diabetics and individuals with pacemakers should consult a doctor before using this appliance. Not recommended for use by individuals with sensory deficiencies including diabetic neuropathy.
- DO NOT use on an infant, invalid or on a sleeping or unconscious person. DO NOT use on insensitive skin or on a person with poor blood circulation.
- This appliance should NEVER be used by any individual suffering from any physical ailment that would limit the user's capacity to operate the controls.
- NEVER use directly on swollen or inflamed areas or skin eruptions.
- DO NOT use before going to bed. The massage has a stimulating effect and can delay sleep.
- Do not use for longer than the recommended time.
- Only gentle force should be exerted against the massage mechanism in order to eliminate risk of injury.
- The appliance has a heated surface. Persons insensitive to heat must be careful when using the appliance.
- Failure to follow the above may result in the risk of fire or injury.

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